



FAMILY EMERGENCY PREPAREDNESS GUIDE

LA TRINIDAD, BENGUET



NAME OF STUDENT: _____

NAME OF SCHOOL: _____ NAME OF CLASSROOM: _____

NAME: _____

(Family Head) Surname First Name Middle Name

PERMANENT ADDRESS: _____

CURRENT ADDRESS: _____

FAMILY PICTURE

Student's Signature

Guardian's Signature

LA TRINIDAD FAMILY DIRECTORY FOR ALERTNESS

FAMILY

NAME	SEX	AGE	CELLPHONE	BLOOD TYPE	PLACES OFTEN VISITED (EX. School)	REMARKS (e.g. Special needs/PWD)

RELATIVES to be contacted in case of emergency

NAME	SEX	AGE	CELLPHONE/TELEPHONE NUMBER	BLOOD TYPE	PLACES OFTEN VISITED (EX. School)	REMARKS (e.g. Special needs/PWD)

DISCLAIMER: The information provided above will not be shared. It will only be used during times of emergency.

PLANS OF AN ALERT LA TRINIDAD

SCHEDULE OF PREPAREDNESS MEETING OF THE FAMILY FROM WARNING OF HAZARDS
(Put a check mark)

JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEPT	OCT	NOV	DEC

MEETING PLACE & PLACE OF EVACUATION CENTER FOR THE FAMILY

2 Meeting Places:

□ _____

□ _____

Planned Evacuation Center:

Alternate Evacuation Center:

GO BAG

- ☐ BATTERY POWERED RADIO
- ☐ FIRST AID KIT
- ☐ POTABLE WATER
- ☐ READY TO EAT FOOD
- ☐ WHISTLE
- ☐ DUST MASK/HANDKERCHIEF
- ☐ SPARE BATTERIES
- ☐ BLANKET AND MATS
- ☐ TRASH BAG
- ☐ SPOON, FORK, PLATE, CUPS
- ☐ CELLPHONE
- ☐ CLOTHES
- ☐ HELP SIGN
- ☐ PERSONAL HYGIENE KIT
- ☐ RESEALABLE PLASTIC BAGS FOR IMPORTANT DOCUMENTS
- ☐ EMERGENCY MONEY
- ☐ UTILITY ROPE
- ☐ FLASHLIGHT

CHECK THE DANGER FREQUENTLY EXPERIENCED IN THE AREA

WRITE THE WARNING SIGNS FOR EACH DISSASTER YOU MAY EXPERIENCE

☐ Typhoon: _____

☐ Flood: _____

☐ Earthquake: _____

☐ Landslide: _____

☐ Fire: _____

THINGS TO DO BEFORE, DURING & AFTER HAZARDS

TYPHOON

Before: _____

During: _____

After: _____

LANDSLIDE

Before: _____

During: _____

After: _____

FLOOD

Before: _____

During: _____

After: _____

THINGS TO DO BY EACH MEMBER OF THE FAMILY

MOTHER:

FATHER:

CHILDREN:

OTHER MEMBERS:

HOUSE EXIT MAP

Draw and pinpoint the following in your house:

◦DOORS ◦WINDOWS

◦COMMON DANGEROUS PLACES IN YOUR COMMUNITY

CONSOLIDATION POINT MAP

Draw the location of your family's meeting place. The name of your meeting place should be written on the front of this page. Pinpoint the following around the meeting place:

◦ROADS ◦JEEP ROUTES

◦LANDMARKS (SCHOOLS, STORES, ETC.)

MDRRMO EMERGENCY HOTLINE NUMBERS			
Barangay	Philippine Red Cross 422-2796 / 09189592005
Mayor's Office 422-2601	Benguet General Hospital 422- 4721 / 09103909024
MDRRMO 09399900789	La Trinidad Water District 423-1015 / 423-2295
Police Station 422-4344 / 620-2602	BENECO 442-6663 / 442-2295
	09178099636 / 0998957568	National Emergency Number 911
Fire Station / EMS 422-1131 / 09291895189	 117
PDRPMC 422-2004 / 09105440780		
MDRRMC 09303161388		
Emergency Hotline			
RADIO STATIONS TO TUNE IN:			
DZWT			
DZWX			
Z RADIO			