



FAMILY EMERGENCY PREPAREDNESS GUIDE

LA TRINIDAD, BENGUET



NAME OF STUDENT: _____

NAME OF SCHOOL: _____ NAME OF CLASSROOM: _____

NAME: _____

(Family Head) Surname First Name Middle Name

PERMANENT ADDRESS: _____

CURRENT ADDRESS: _____

Student's Signature

Guardian's Signature

FAMILY PICTURE

FAMILY

NAME	SEX	AGE	CELLPHONE	BLOOD TYPE	PLACES OFTEN VISITED (EX. School)	REMARKS (e.g. Special needs/PWD)

RELATIVES to be contacted in case of emergency

NAME	SEX	AGE	CELLPHONE/TELEPHONE NUMBER	BLOOD TYPE	PLACES OFTEN VISITED (EX. School)	REMARKS (e.g. Special needs/PWD)

DISCLAIMER: The information provided above will not be shared. It will only be used during times of emergency.

PLANS OF AN ALERT LA TRINIDAD

SCHEDULE OF PREPAREDNESS MEETING OF THE FAMILY FROM WARNING OF HAZARDS

(Put a check mark)

JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEPT	OCT	NOV	DEC

MEETING PLACE & PLACE OF EVACUATION CENTER FOR THE FAMILY

2 Meeting Places:

Planned Evacuation Center:

Alternate Evacuation Center:

CHECK THE DANGER FREQUENTLY EXPERIENCED IN THE AREA

WRITE THE WARNING SIGNS FOR EACH DISASTER YOU MAY EXPERIENCE

- Typhoon: _____
- Flood: _____
- Earthquake: _____
- Landslide: _____
- Fire: _____

GO BAG

- BATTERY POWERED RADIO
- FIRST AID KIT
- POTABLE WATER
- READY TO EAT FOOD
- WHISTLE
- DUST MASK/HANDKERCHIEF
- SPARE BATTERIES
- BLANKET AND MATS
- TRASH BAG
- SPOON, FORK, PLATE, CUPS
- CELLPHONE
- CLOTHES
- HELP SIGN
- PERSONAL HYGIENE KIT
- RESEALABLE PLASTIC BAGS FOR
IMPORTANT DOCUMENTS
- EMERGENCY MONEY
- UTILITY ROPE
- FLASHLIGHT

THINGS TO DO BEFORE, DURING & AFTER HAZARDS

TYPHOON

Before: _____

During: _____

After: _____

LANDSLIDE

Before: _____

During: _____

After: _____

FLOOD

Before: _____

During: _____

After:

THINGS TO DO BY EACH MEMBER OF THE FAMILY

MOTHER:

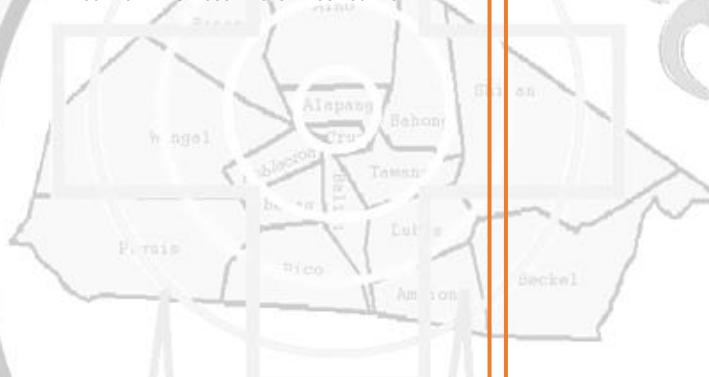
FATHER:

CHILDREN:

OTHER MEMBERS:

HOUSE EXIT MAP

VI.11 Draw and pinpoint the following in your house:
◦DOORS ◦WINDOWS
◦COMMON DANGEROUS PLACES IN YOUR COMMUNITY



CONSOLIDATION POINT MAP

Draw the location of your family's meeting place. The name of your meeting place should be written on the front of this page. Pinpoint

- the following around the meeting place:
 - ROADS ◦JEEP ROUTES
 - LANDMARKS (SCHOOLS, STORES, ETC.)

MDRRMO EMERGENCY HOTLINE NUMBERS

Barangay	
Mayor's Office	422-2601
MDRRMO	09399900789
Police Station	422-4344 / 620-2602 09178099636 / 0998957568
Fire Station / EMS	422-1131 / 09291895189
PDRRMC	422-2004 / 09105440780
MDRRMC	09303161388
Emergency Hotline		

RADIO STATIONS TO TUNE IN:

DZWT
DZWX
Z RADIO

Philippine Red Cross	422-2796 / 09189592005
Benguet General Hospital	422- 4721 / 09103909024
La Trinidad Water District	423-1015 / 423-2295
BENEKO	442-6663 / 442-2295
National Emergency Number	911
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